

EXCLUSIVE REPORT FROM SYRIA
RUMBLE AND RAGE OF A REVOLUTION

JOURNALISM WITH A HUMAN TOUCH

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DECEMBER 22, 2024

THE WEEK

**THE WEEK BEST
HOSPITALS AWARDS**
THE PURSUIT OF
QUALITY

WILLIAM DALRYMPLE
HOW ANCIENT INDIA
WOODED THE WORLD

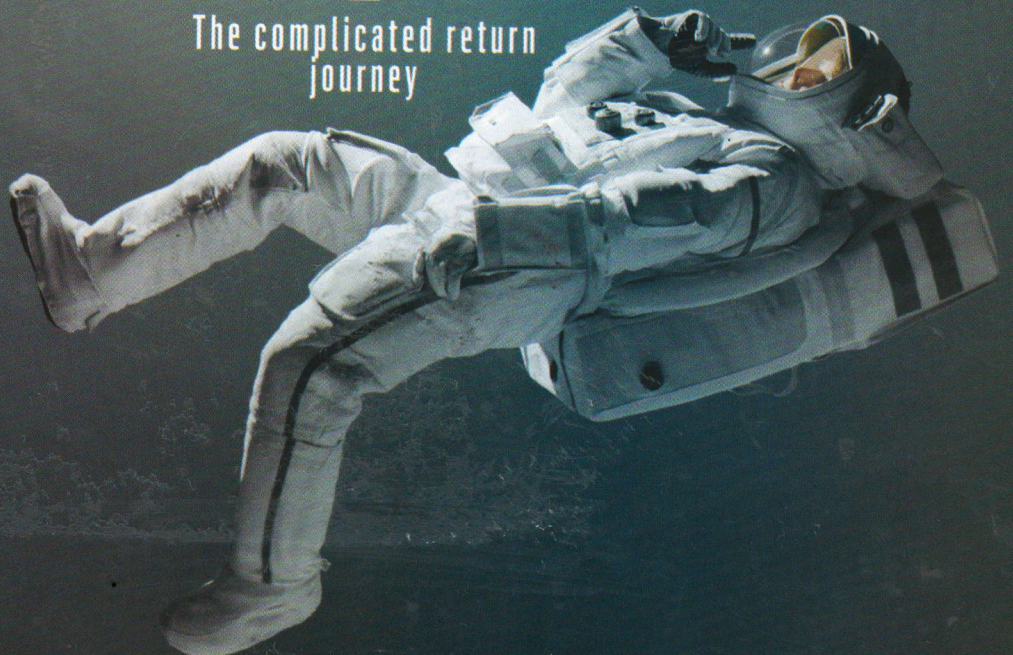


MAKING OF AN ASTRONAUT

Challenges of living in
space

—
Smartly packaged home
comforts

—
The complicated return
journey



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THEW
JOURNALISM WITH A

contents

VOL. 42 | NO. 51 | THE WEEK | DECEMBER 22 | 2024 | FOR THE WEEK DECEMBER 16 - DECEMBER 22

COVER
STORY

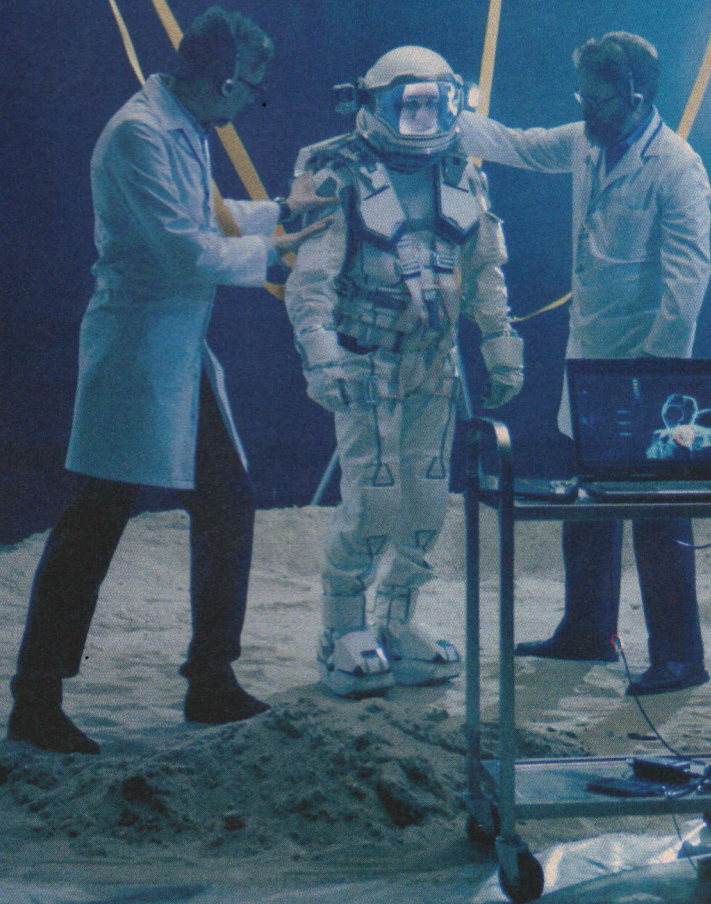
32

RIDE TO SPACE

As India gears up for Gaganyaan, THE WEEK interviews a NASA astronaut and a Russian cosmonaut to gain an in-depth perspective on the journey of becoming a space traveller.

PLUS

- Overcoming the challenges of prolonged space missions: from space sickness to elevated cancer risks
- The advancements in space food technology provide astronauts with a taste of home



SHUTTERSTOCK



AP

BANGLADESH

16

The fallout of alleged atrocities against Hindus and election of Trump as US president have upset Muhammad Yunus's plans

SYRIA

26

The evolving dynamics in Syria carry significant implications for the Middle East



ANAGHA SUBHASH NAIR

SPORTS

60

We should not play Pakistan at all: **Mohinder Amarnath**, former cricketer



Mohinder Amarnath (right) with Surinder Amarnath (middle) and co-author Rajender Amarnath



LEISURE

BOOKS
63

William Dalrymple's new book traces ancient India's role in spreading ideas and religions across the world

BHANU PRAKASH CHANDRA

VISHNUDAS K.S.



EVENT
44

THE WEEK BEST HOSPITALS AWARDS

No matter how advanced health care becomes, its essence must always lie in its humanity, reiterated the medical fraternity

TAKEAWAYS

Hospitals are the places where lives are saved, where hope is restored: **Mallu Bhatti Vikramarka**,
Telangana deputy chief minister



Corporate hospitals should show the human touch while treating poor patients: **C. Damodar Raja Narasimha**,
Telangana health minister



Like THE WEEK, AIIMS also works with a human touch: **Dr M. Srinivas**, director, AIIMS, Delhi



It is very important that we are quality-driven and process-driven, rather than individual-driven: **Dr Sudarshan Ballal**,
chairman, Manipal Hospitals



We maintain consistency through technology and continuous patient engagement: **Dr Santosh Shetty**, CEO, Kokilaben Dhirubhai
Ambani Hospital and Medical Research Institute



Know what it is that your body requires: **Aditi Rao Hydari**, actor



Not just about high IQ or talent, it is about grit: **Shalini Saraswathi**, international athlete and
blade runner



I emphasise healthy eating; less biryani, more millet-based and vegetarian diets: **C.V. Anand**,
police commissioner, Hyderabad



COVER IMAGING **BINESH SREEDHARAN**

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COLUMNS

11 POWERDRIVE
R. Prasannan

14 MANI-FESTO
Mani Shankar Aiyar

58 OTHERWISE CRACKED
K.C. Verma

69 DETOUR
Shobhaa De

70 CHIC MAGNET
Namrata Zakaria

74 LAST WORD
Suresh Narayanan



I certainly applaud our giving Sheikh Hasina refuge and refusing to extradite her. But having done our duty, should we not give the interim authorities in Dhaka the opportunity to settle down and hold elections when they are ready?