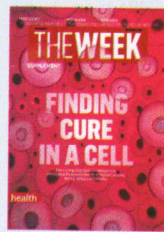


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THE WEEK

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THE ART OF MAKING
PEOPLE LOOK FAB

MANU BHAKER
DOUBLE OLYMPIC
BRONZE MEDALLIST

WOMAN OF THE YEAR

EXCLUSIVE
INTERVIEW

The Gita can
help you a lot in
day-to-day life

PLUS

INTERVIEW

JASPAL RANA, COACH
Dirty politics
got between us



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THE WEEK
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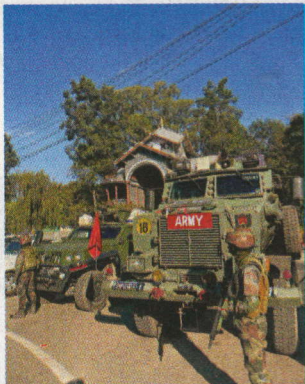
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GOING GREAT GUNS

Manu Bhaker was just 13 when she picked up a gun for the first time, out of curiosity. It took years of dedication and some high-profile failures for her to climb the podium twice at the 2024 Paris Olympics. At 22, THE WEEK's Woman of the Year has only just begun writing her story, which is already biopic fodder and an inspiration to many



COVER DESIGN BINESH SREEDHARAN
COVER PHOTO SALIL BERA
MAKE-UP GEETA MORYA
TOP AND TROUSERS VAN HEUSEN
CARDIGAN TED BAKER



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There were times I really wanted to give up,
says Bhaker



Manu has the right to flaunt her medals,
says coach Jaspal Rana



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The styling industry has exploded, with stylists being the bridge between fashion and celebrities

PHOTO SALIL BERA, MAKE-UP GEETA MORYA, COSTUME TED BAKER

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Delhi's infrastructure is in such a deplorable state that even the tap water reaching people's homes is not immune to pollution.



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